

# Lowndes County LHS Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Pup OR Cereal OR Breakfast Bun OR Pop-Tarts OR Croissant Sausage Patty Sliced Cheese with Apple Juice, Apple	Breakfast Pizza OR Cereal OR Pop-Tarts OR Donuts OR Southern Roll Breakfast Ham Patty Sliced Cheese with Sliced Apples Juice, Fruit Punch	Buttered Toast Scrambled Eggs Grits Sausage Link OR Cereal OR Pop-Tarts OR Breakfast Bun with Banana Juice, Orange	Mini Pancakes Sausage Link OR Cereal OR Donuts OR Pop-Tarts OR Croissant Egg Patty Sausage Patty Sliced Cheese with Orange Juice, Apple	Breakfast Ham Patty Southern Roll Sliced Cheese OR Cereal OR Pop-Tarts OR Breakfast Bun with Sliced Apples Juice, Fruit Punch
Pancakes, Strawberry Sausage Link OR Cereal OR Breakfast Bun OR Pop-Tarts OR Croissant Sausage Patty Sliced Cheese Juice, Apple with Apple	Breakfast Pizza OR Cereal OR Pop-Tarts OR Donuts OR Southern Roll Breakfast Ham Patty Sliced Cheese with Sliced Apples Juice, Fruit Punch	Buttered Toast Scrambled Eggs Grits Sausage Link OR Cereal OR Pop-Tarts OR Breakfast Bun with Banana Juice, Orange	French Toast Sticks Sausage Link OR Cereal OR Donuts OR Pop-Tarts OR Croissant Egg Patty Sausage Patty Sliced Cheese with Orange Juice, Apple	Breakfast Ham Patty Southern Roll Sliced Cheese OR Cereal OR Pop-Tarts OR Breakfast Bun with Sliced Apples Juice, Fruit Punch
Pancake Pup OR Cereal OR Breakfast Bun OR Pop-Tarts OR Croissant Sausage Patty Sliced Cheese with Apple Juice, Apple	Breakfast Pizza OR Cereal OR Pop-Tarts OR Donuts OR Southern Roll Breakfast Ham Patty Sliced Cheese with Sliced Apples Juice, Fruit Punch	Buttered Toast Scrambled Eggs Grits Sausage Link OR Cereal OR Pop-Tarts OR Breakfast Bun with Banana Juice, Orange	Pancakes, Confetti Sausage Link OR Cereal OR Donuts OR Pop-Tarts OR Croissant Egg Patty Sausage Patty Sliced Cheese with Orange Juice, Apple	Breakfast Ham Patty Southern Roll Sliced Cheese OR Cereal OR Pop-Tarts OR Breakfast Bun with Sliced Apples Juice, Fruit Punch

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

## Lowndes County LHS Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes, Strawberry Sausage Link OR Cereal OR Breakfast Bun OR Pop-Tarts OR Croissant Sausage Patty Sliced Cheese with Apple Banana Sliced Apples Orange Juice, Apple	Breakfast Pizza OR Cereal OR Pop-Tarts OR Donuts OR Southern Roll Breakfast Ham Patty Sliced Cheese with Apple Orange Banana Sliced Apples Juice, Fruit Punch	Buttered Toast Scrambled Eggs Grits Sausage Link OR Cereal OR Pop-Tarts OR Breakfast Bun with Apple Orange Sliced Apples Banana Juice, Orange	Waffle, Dutch Sausage Link OR Cereal OR Donuts OR Pop-Tarts OR Croissant Egg Patty Sausage Patty Sliced Cheese with Apple Sliced Apples Banana Orange Juice, Apple	Breakfast Ham Patty Southern Roll Sliced Cheese OR Cereal OR Pop-Tarts OR Breakfast Bun with Sliced Apples Orange Apple Juice, Fruit Punch

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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