

Lowndes County

Alternative Lunch Menu- Homestyle

Monday	Tuesday	Wednesday	Thursday	Friday
Spicy Chicken Tenders with Southern Roll Mashed Potatoes Green Lima Beans Niblet Corn Cupcake Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	BR Chicken Sandwich with Lettuce Tomato Dill Pickles Steamed Broccoli Niblet Corn Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Nachos with Red Beans and Rice Vegetables with Chees Southern Green Beans Tostitos Cheese Dip Cookie Fresh Fruit Assorted Juice Assorted	Baked Chicken Breast OR Baked Chicken Thigh with Southern Roll Sunshine Rice Butter Peas Crispy Okra Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	BR Chicken Sandwich with Lettuce Tomato Dill Pickles Baked Beans Mashed Potatoes Niblet Corn Cookie Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup
BR Chicken Sandwich with Lettuce Tomato Dill Pickles Southern Green Beans Rice, WG Niblet Corn Cookie Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Chicken Breast Tender with Southern Roll Mashed Potatoes Butter Peas Steamed Broccoli Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Nachos with Red Beans and Rice Southern Green Beans Vegetables with Chees Tostitos Cheese Dip Cookie Fresh Fruit Assorted Juice Assorted	BR Chicken Sandwich with Lettuce Tomato Dill Pickles Steamed Carrots Mashed Potatoes Niblet Corn Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Chicken Breast Dill Nu with Southern Roll Sweet Potato Souffle Purple Hull Peas Green Lima Beans Cookie Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup
Spicy Chicken Tenders with Southern Roll Mashed Potatoes Niblet Corn Garden Peas Cookie Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	BR Chicken Sandwich with Lettuce Tomato Dill Pickles Butter Peas Glazed Carrots Macaroni&Cheese Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Nachos with Red Beans and Rice Vegetables with Chees Southern Green Beans Tostitos Cheese Dip Cookie Fresh Fruit Assorted Juice Assorted	Baked Chicken Breast OR Baked Chicken Thigh with Southern Roll Sunshine Rice Squash Casserole Steamed Broccoli Cookie Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	BR Chicken Sandwich with Lettuce Tomato Dill Pickles Mashed Potatoes Purple Hull Peas Niblet Corn Cookie Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup
BR Chicken Sandwich with Lettuce Tomato Dill Pickles Mixed Vegetables Crispy Okra Cookie Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Chicken Breast Tender with Southern Roll Mashed Potatoes Butter Peas Steamed Broccoli Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Nachos with Red Beans and Rice Southern Green Beans Niblet Corn Tostitos Cheese Dip Cookie Fresh Fruit Assorted Juice Assorted	BR Chicken Sandwich with Lettuce Tomato Dill Pickles Butter Peas Steamed Carrots Rice Krispie Treat Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup	Chicken Breast Dill Nu with Southern Roll Green Lima Beans Garden Peas Sweet Potato Souffle Cookie Fresh Fruit Assorted Juice Assorted Bar B Que Sauce Cup

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.